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7 Minutes That Could Change Your Life!

A Seven Week Bible Study Schedule for Ephesians

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Wheelersburg Baptist Church

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7 Minutes That Could Change Your Life!

Seven minutes. That's not very long, not really. Seven weeks. That's not very long either. Yet seven purposeful minutes a day for seven weeks could change your life forever, for real!

This booklet you hold is intended to help you as an individual, along with your brothers and sisters at Wheelersburg Baptist Church, develop the discipline of a daily "quiet time" with God. For the next two months while Growth Groups are occurring at WBC, we are encouraging the entire church family to study the book of Ephesians in their personal quiet times. In addition, we'll be sharing together highlights of what we are learning during the first ten minutes of Growth Groups each Sunday evening.

Here is what the daily, seven minute plan looks like...

1 minute: Pray & ask God to teach you from His Word

5 minutes: Read God's Word and answer two simple questions

1 minute: Pray & ask God to help you apply His Word

It's quite simple, yet the results can be eternally significant. If you will invest seven minutes a day (I would recommend in the morning before you begin your other daily responsibilities), you will get to know God and His Word better. Seven minutes a day for seven weeks will take you through Ephesians.

"Can I go longer than seven minutes?" you ask. Sure, if you want to! Seven is just a good place to start and every good thing starts somewhere. So I challenge you to begin here... Start with 7!!!

Because of Him,

Brad Brandt, Pastor-Teacher

Seven Week Bible Study Schedule for Ephesians

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w	eek	On	ρ

Monday	Tuesday W	ednesday Thu	rsday Friday	
1:1-2	1:3-6	1:7-10	1:11-14	1:15-23

Week Two:

Monday	Tuesday W	ednesday Tl	hursday Friday	
2:1-3	2:4-10	2:11-13	2:14-18	2:19-22

Week Three:

Monday	Tuesday W	dednesday Thu	rsday Friday	
3:1-6	3:7-13	3:14-19	3:20-21	4:1-6

Week Four:

Monday	Tuesday W	Vednesday Thu	rsday Friday	
4:7-10	4:11-13	4:14-16	4:17-19	4:20-24

Week Five:

Monday	Tuesday W	ednesday Thu	rsday Friday	
4:25-28	4:29-32	5:1-2	5:3-7	5:8-14

Week Six:

Monday	Tuesday W	ednesday Thur	rsday Friday	
5:15-21	5:22-24	5:25-33	6:1-4	6:5-8

Week Seven:

Monday	Tuesday W	ednesday Thu	rsday Friday	
6:9	6:10-12	6:13-17	6:18-20	6:21-24

Week One – October 16-22 Ephesians 1:1-23

Date: Monday, October 16

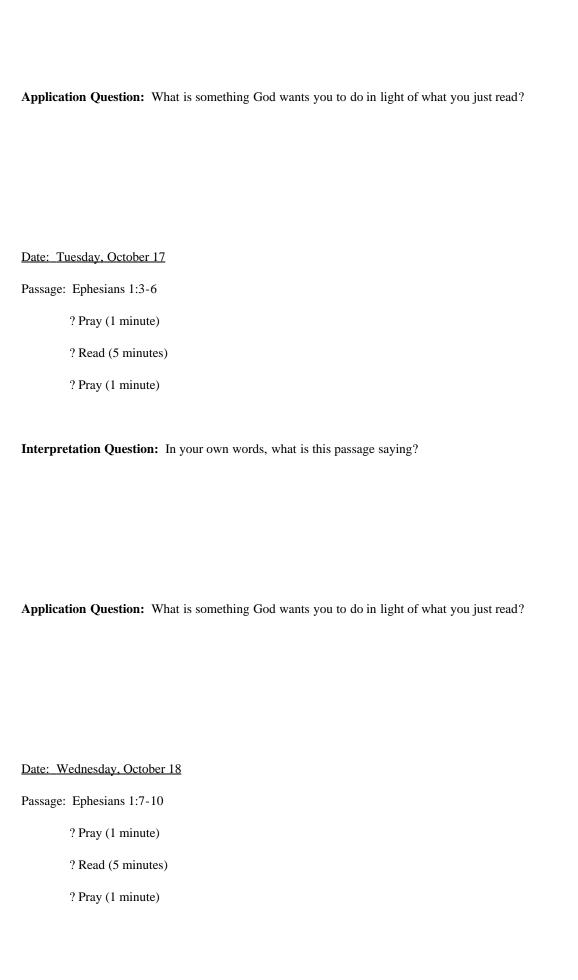
Passage: Ephesians 1:1-2

? Pray (1 minute)

? Read (5 minutes)

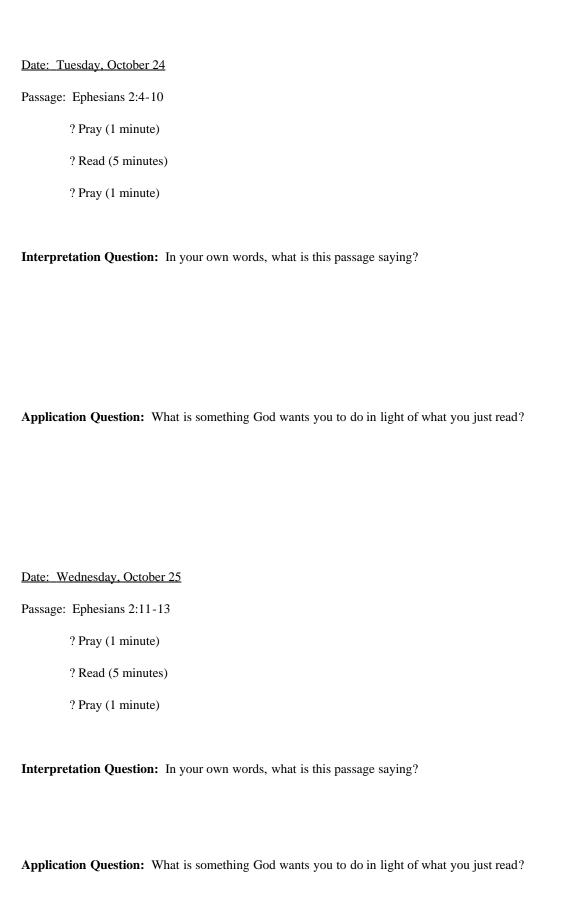
? Pray (1 minute)

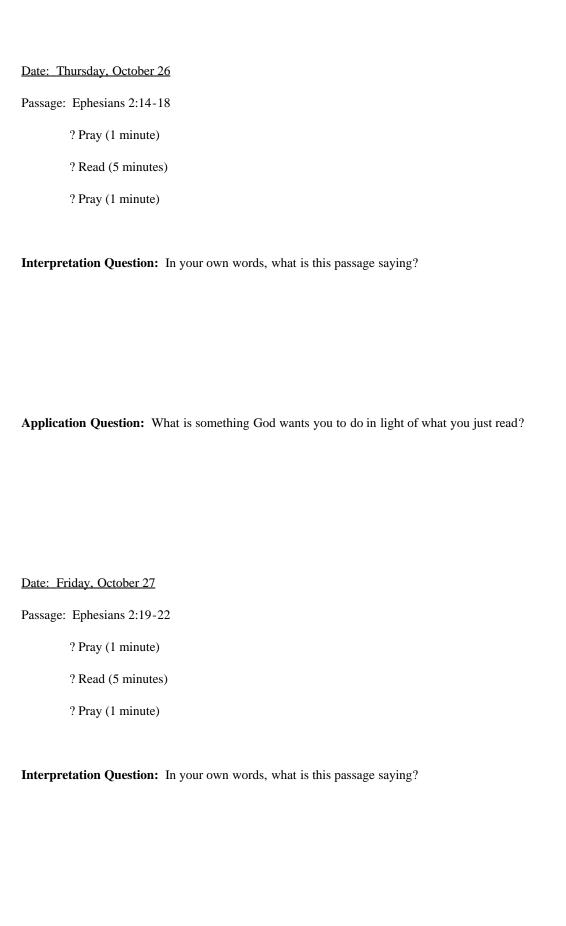
Interpretation Question: In your own words, what is this passage saying?



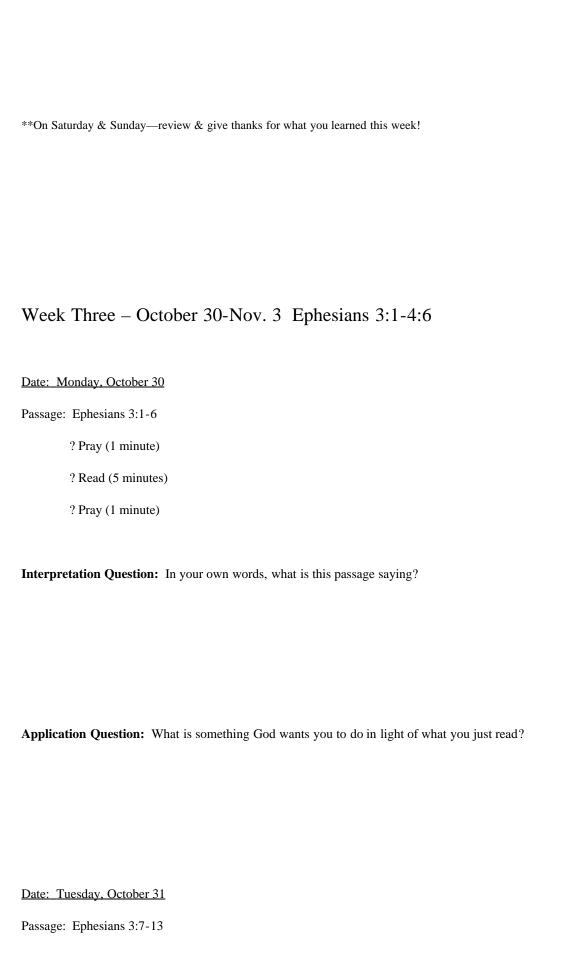
Interpretation Question: In your own words, what is this passage saying?
Application Question: What is something God wants you to do in light of what you just read?
Date: Thursday, October 19
Passage: Ephesians 1:11-14
? Pray (1 minute)
? Read (5 minutes)
? Pray (1 minute)
Interpretation Question: In your own words, what is this passage saying? Application Question: What is something God wants you to do in light of what you just read?
Date: Friday, October 20
Passage: Ephesians 1:15-23
? Pray (1 minute)
? Read (5 minutes)
? Pray (1 minute)

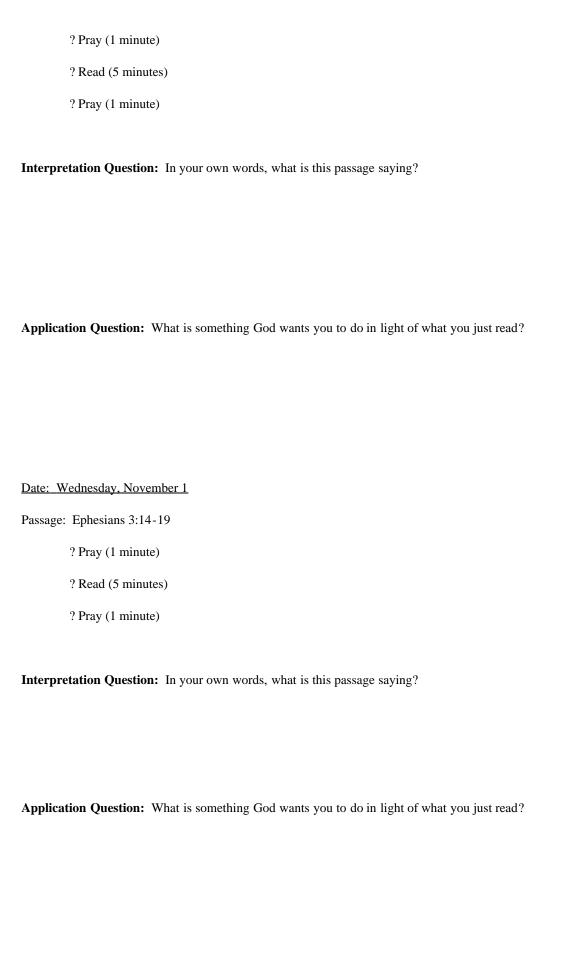
Interpretation Question: In your own words, what is this passage saying?
Application Question: What is something God wants you to do in light of what you just read?
**On Saturday & Sunday—review & give thanks for what you learned this week!
Week Two – October 23-29 Ephesians 2:1-22
Date: Monday, October 23
Passage: Ephesians 2:1-3
? Pray (1 minute)
? Read (5 minutes)
? Pray (1 minute)
Interpretation Question: In your own words, what is this passage saying?
Application Question: What is something God wants you to do in light of what you just read?



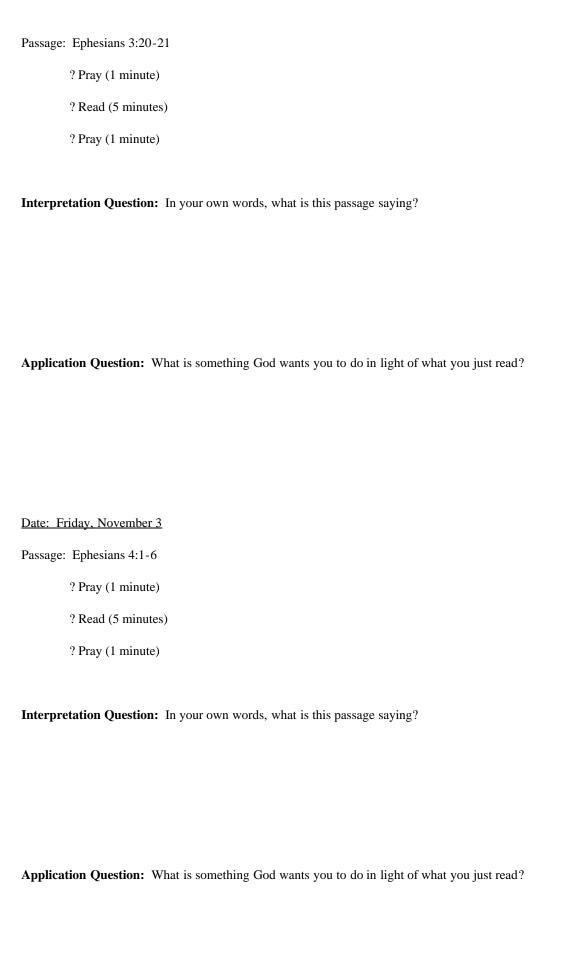


Application Question: What is something God wants you to do in light of what you just read?





Date: Thursday, November 2

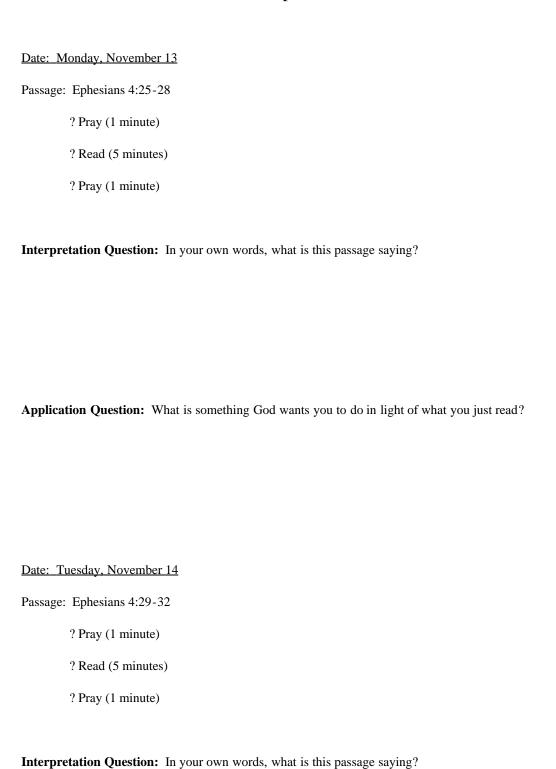


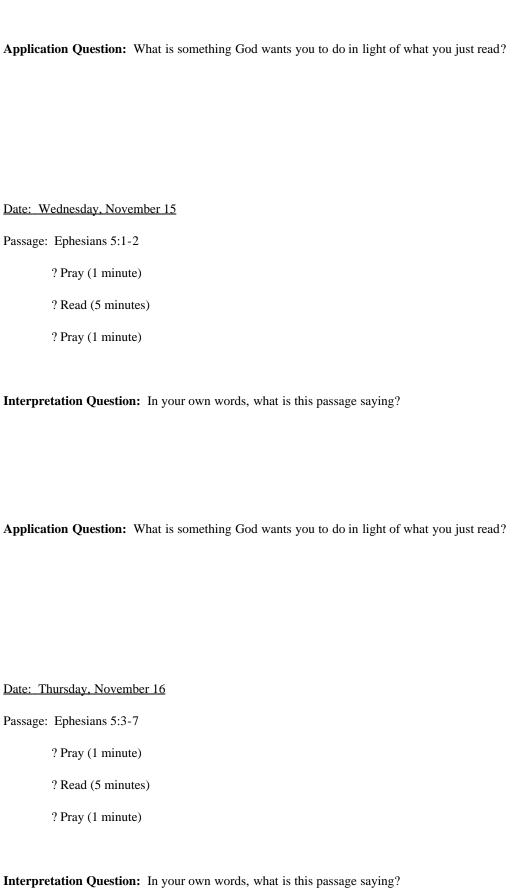
**On Saturday & Sunday—review & give thanks for what you learned this week!
Week Four – November 6-10 Ephesians 4:7-24
Date: Monday, November 6
Passage: Ephesians 4:7-10
? Pray (1 minute)
? Read (5 minutes)
? Pray (1 minute)
Interpretation Question: In your own words, what is this passage saying?
Application Question: What is something God wants you to do in light of what you just read?
Date: Tuesday, November 7
Passage: Ephesians 4:11-13
? Pray (1 minute)
? Read (5 minutes)
? Pray (1 minute)

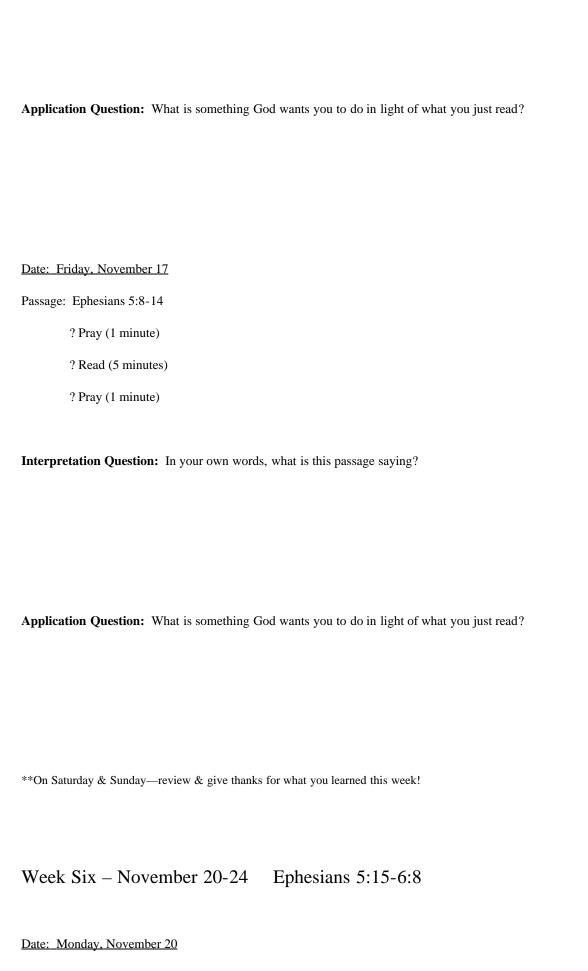
Interpretation Question: In your own words, what is this passage saying?
Application Question: What is something God wants you to do in light of what you just read?
Date: Wednesday, November 8
Passage: Ephesians 4:14-16
? Pray (1 minute)
? Read (5 minutes)
? Pray (1 minute)
Interpretation Question: In your own words, what is this passage saying? Application Question: What is something God wants you to do in light of what you just read?
Date: Thursday, November 9 Passage: Ephesians 4:17-19 ? Pray (1 minute) ? Read (5 minutes)

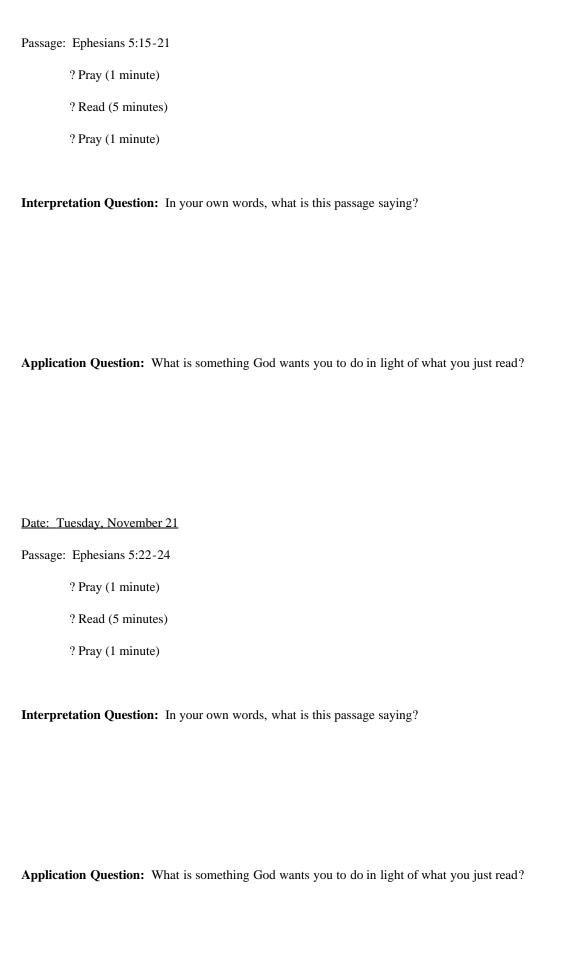
? Pray (1 minute)
Interpretation Question: In your own words, what is this passage saying?
Application Question: What is something God wants you to do in light of what you just read?
Date: Friday, November 10
Passage: Ephesians 4:20-24
? Pray (1 minute)
? Read (5 minutes)
? Pray (1 minute)
Interpretation Question: In your own words, what is this passage saying?
Application Question: What is something God wants you to do in light of what you just read?
**On Saturday & Sunday—review & give thanks for what you learned this week!

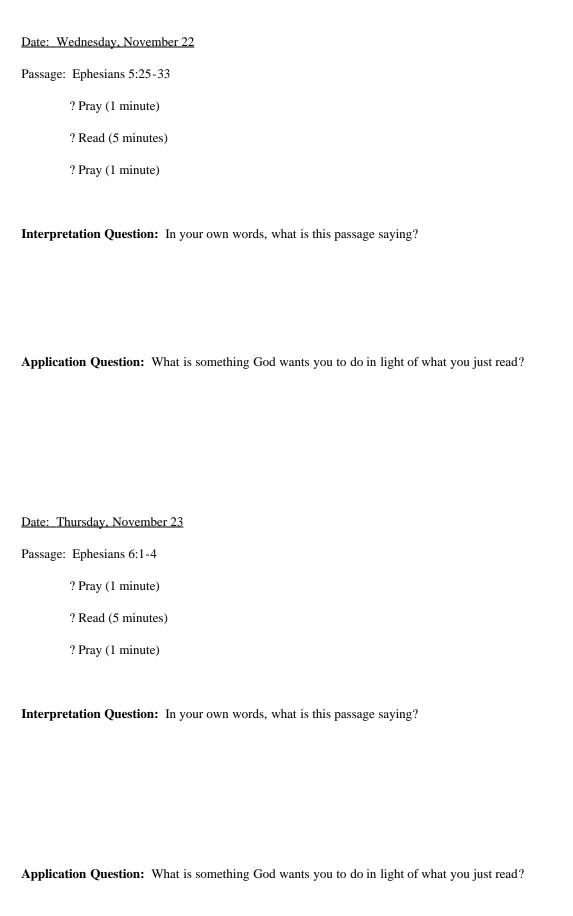
Week Five – November 13-17 Ephesians 4:25-5:14

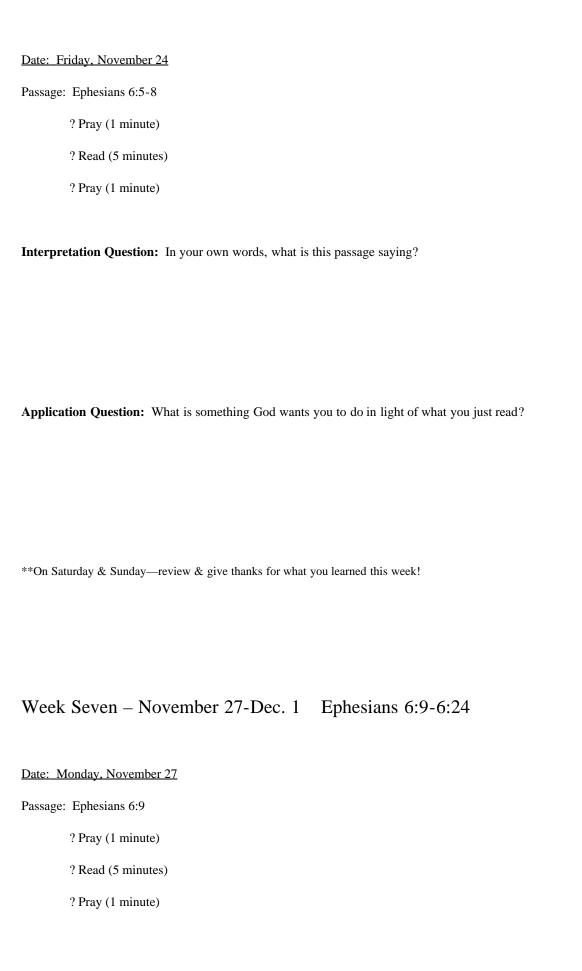












Interpretation Question: In your own words, what is this passage saying?
Application Question: What is something God wants you to do in light of what you just read?
Date: Tuesday, November 28
Passage: Ephesians 6:10-12
? Pray (1 minute)
? Read (5 minutes)
? Pray (1 minute)
Interpretation Question: In your own words, what is this passage saying?
Application Question: What is something God wants you to do in light of what you just read?
Date: Wednesday, November 29
Passage: Ephesians 6:13-17
? Pray (1 minute)
? Read (5 minutes)

? Pray (1 minute)
Interpretation Question: In your own words, what is this passage saying?
Application Question: What is something God wants you to do in light of what you just read?
Date: Thursday, November 30
Passage: Ephesians 6:18-20
? Pray (1 minute)
? Read (5 minutes)
? Pray (1 minute)
Interpretation Question: In your own words, what is this passage saying?
Application Question: What is something God wants you to do in light of what you just read?
Date: Friday, December 1
Passage: Ephesians 6:21-24
? Pray (1 minute)

? Read (5 minute	s)
? Pray (1 minute)	
Interpretation Question:	In your own words, what is this passage saying?
Application Question: W	What is something God wants you to do in light of what you just read?
**On Saturday & Sunday	review & give thanks for what you learned this week!
On Saturday & Sullday—	teview & give manks for what you learned this week:

Prayer Requests

